

# JANUARY 2020



## TEACHERS MESSAGE

Hello wonderful RCP members and parents and welcome back!

The wait is almost over - physie returns in just one week and we can't wait to see you all again! We now have the 2020 syllabus so we're busy learning your new dances and can't wait for you to start bringing them to life - we are so excited to announce that you're going to LOVE them!

If you haven't already, don't forget to head over to our Facebook Sign-On Day event page and share it with all of your friends. While you're there, you can like our public page and remember we have a closed group for all members to join if you haven't done so already (Redcliffe City Physie - Members).

Please read on for all the details you'll need to kick start the physie year and please don't hesitate to contact us anytime with any questions you may have. See you all soon!

## KEY DATES

08/02/2020  
SIGN-ON DAY  
Clontarf Beach Primary

12/02/2020  
FIRST WEDNESDAY CLASS  
Clontarf Beach Primary

15/02/2020  
FIRST SATURDAY CLASS  
Clontarf Beach Primary

01/03/2020  
FIRST FEE INSTALMENT DUE  
Paid to the RCP bank account

04/04/2020  
LAST CLASS OF TERM ONE  
Classes resume Wed 22nd April

## TEACHERS

COURTNEY DICKSON

BRIARNE MOSTYN

JADE STEEL

## CONTACT DETAILS

M: 0424 580 193

E: [redcliffecityphysie@gmail.com](mailto:redcliffecityphysie@gmail.com)

Closed Facebook Group:  
Redcliffe City Physie - Members

## BANK DETAILS

Redcliffe City Physie

BSB: 034-059

ACC NO: 453261

# WHAT'S NEW IN 2020

We can't wait to dance our way into the new decade with our RCP Family! The new year brings only a few changes that we have outlined for you below but most excitingly, 2020 marks RCP's 5th year!

## CLASS FEES:

Everyone loves a discount, and that's why your fees have now been reduced! Please see an outline below:

	PRE - PREP	5-8YRS	9YRS - LADIES
<b>COST</b>	\$85 membership fee + \$8 per class	\$480 yearly	\$520 yearly
<b>INCLUSIONS</b>	<ul style="list-style-type: none"> <li>- RCP Membership</li> <li>- 3 x Performance entries</li> <li>- All RCP social events</li> <li>- Membership gift</li> </ul>	<ul style="list-style-type: none"> <li>- RCP Membership</li> <li>- BJP Membership</li> <li>- Class fees (excluding team &amp; extra lessons)</li> <li>- 4 x Performance entries</li> <li>- 2020 Practice material (BJP music and video)</li> <li>- All RCP social events</li> <li>- Membership gift</li> </ul>	<ul style="list-style-type: none"> <li>- RCP Membership</li> <li>- BJP Membership</li> <li>- Class fees (excluding team &amp; extra lessons)</li> <li>- 4 x Performance entries</li> <li>- 2020 Practice material (BJP music and video)</li> <li>- All RCP social events</li> <li>- Membership gift</li> </ul>
<b>FEE SCHEDULE</b>	<ul style="list-style-type: none"> <li>- Membership due 1st March</li> <li>- Class fees payable weekly as child attends</li> </ul>	Instalment 1 due 1st March (\$152 paid to RCP, \$88 paid to BJP using the link provided) Instalment 2 due 1st May (\$240)	Instalment 1 due 1st March (\$172 paid to RCP, \$88 paid to BJP using the link provided) Instalment 2 due 1st May (\$260)
<b>PAYMENT METHOD</b>	Cash <b>OR</b> Internet Bank Transfer	Internet Bank Transfer <b>ONLY</b>	Internet Bank Transfer <b>ONLY</b>

Additional class fees (more information will be provided later in the year):

**Team lessons:**  
\$50/per student

**Extra weekly lessons:**  
\$10/per student, per class

## BJP MEMBER REGISTRATION LINK

As you may remember from last year, BJP now requires all members to complete their own registration form. This year, you will be given the link (provided below) to register at home as a BJP member. This comes with a fee of \$88 which comes out of your first RCP fee instalment, but must be paid directly to BJP (see details above in table). For all members 5yrs + only, please click the link below to complete your registration - please contact us if you require assistance.

<https://bjpphysicalculture.wufoo.com/forms/2020-bjp-member-registration/>

## RCP WEBSITE MEMBERS PORTAL

If you have been on our brand new website that was launched late last year, you may have noticed a 'Members' section. New in 2020, all students (and parent's of junior students) will have access to a portal exclusively for RCP members! Here, you will find a single point of access to all of the resources to assist you throughout the physie year including newsletters, class tips and tricks and a physie calendar! You will also have access to RCP uniform price lists and order forms!

Once you have registered as a member for 2020, you will receive a password to access this portal!

## RCP INTERCLUB 2020

RCP will be the host of an interclub this year and we're so excited to take on this experience for the second time with you all! We know a lot of you are bursting to assist in any and all ways so stay tuned for more details to come soon - we will need all hands on deck from planning right up until the day!

## PHYSIE HOLIDAYS IN 2020

In previous years, our classes ran non-stop from February to October and through the school holidays. This year, due to smaller class sizes during the holidays, we have made the decision to align our classes with the QLD State School terms, and stop classes during all school holidays (excluding the september holidays for all members selected to be in a team).

This means a holiday for us and for you, giving everyone the chance to relax and refresh! That way if you're going away for the holidays, you won't miss a beat!

## SIGN-ON DAY

Sign-On Day is a week away which means classes are just around the corner! We can't wait to see all of your smiling faces and share another year of physie together!

If you're unable to attend sign on day, don't worry! You can just attend your first class for the year to receive your registration information.

### RCP 2020 Sign-On Day

**WHEN:** Saturday 8th February

**WHERE:** Clontarf Beach Primary School

**TIME:** 11am - 1pm

**WHAT:** Register, order uniforms and see all of your physie friends again before class starts!

Watch a display from our 7-8yrs team, along with a champion girl performance from our 5-6yrs at 12pm!

We can't wait to see you there!

## CLASS TIMETABLE AND TEACHERS

Please see below our 2020 class timetable! Remember to take note if you have moved up an age group as you will now have a new class time. We have also made slight time adjustments to all Wednesday classes - save a copy of the timetable below so you don't miss your first class!

### Your 2020 class teachers:

**Miss Courtney:** 7-8yrs, Seniors & Ladies

**Miss Briarne:** 9-12yrs & 13-1st yrs

**Miss Jade:** Pre-preps & 5-6yrs

### Class commencement dates:

Wednesday's: 12th February, 2020

Saturday's: 15th February, 2020

CLASS	WEDNESDAY	SATURDAY
PRE-PREPS		9:00am - 9:30am
5-6 YRS*		9:30am - 10:15am
7-8 YRS*		10:15am - 11:00am
9-12 YRS*	5:30pm - 6:15pm	
13-1 <sup>ST</sup> YRS*	6:15pm - 7:00pm	
LADIES	7:00pm - 8:00pm	11:00am - 12:00pm
SENIORS*	8:00pm - 9:00pm	

\*NOTE: EXTRA WEEKLY LESSONS TO START IN APRIL

# YOU SPOKE, WE LISTENED

We received some helpful feedback from our Pink Party last year - thank you for those who took the time to let us know your thoughts.

Constructive feedback allows us to understand what would make your experience at RCP even better - here are our responses:

- **Hair and Makeup class:** We have plans to update our physie hair tutorial videos for both a senior and junior style - these will be added to the RCP Portal in the coming months!

- **Better Communication:** In addition to our monthly newsletters, throughout the year, all the information you need to know will be added to our new members portal for you to access whenever you need. With this, you'll never lose a class note or miss an email - everything will be there for you!

- **Once a month flexibility class:** We really LOVE this idea and can definitely make this a new addition to our class timetable in 2020 - stay tuned for further details!

- **Recruitment for smaller age groups:** Our smallest age groups are 11-12yrs and 13-1st yrs. This is usually because most children of this age category have already found a sport they're committed to, and most girls who try physie at this age can find it quite challenging.

If you start physie at a young age, you're most likely to grow in the sport and reach the high end of the junior syllabus and continue into senior physie. Although we advertise and receive interest in these smaller age groups, there may only be a small proportion of girls who will sign up.

- **Mum volunteers for hair and makeup:** Our goal has always been for all parents to be self efficient and confident in preparing their girls for competition (until they're old enough to take the reins themselves). If you're really struggling, please let us know - we're happy to help with any and all things physie related! Also, don't be afraid to ask any fellow RCP parents for help as they might have some tips and tricks up their sleeves also!

- **Clearer explanation of leotards and purchasing of uniforms:** We understand that the topic of leotards can be confronting and confusing, especially (like last year) when we're given the sample box only a few weeks into the physie year. Hopefully this year we will be at the end of the leotard box route to allow us more time to inform everyone of the requirements. Please keep an eye out on the members portal for info sheets for leotards and RCP uniform ordering dates.

- **Signs and seating areas at comps:** Unfortunately, for all BJP run competitions this is out of our control, however, we can pass on some feedback to BJP for future competitions. In the case of interclubs, each host club has their own way of organising the layout and signage for the competition. This is something we will keep in mind for Dance Night and RCP hosted interclubs.

# YOUR NEW PHYSIE FRIENDS

Do you remember your first ever physie class? Did you feel nervous at the thought of trying something new and meeting new people?

The new year brings a lot of new members to RCP who will be feeling just like you did on your first day.

We are asking all of our members to introduce yourself to any new members joining your class and help them feel welcome - a friendly face is all they will need to feel at ease and included. From our little pre-preps all the way through to ladies - if you see a new member walking into class, go up and say hello! They just might be your new physie bestie!

Hello!  
Hello!  
Hello!

# RCP IN THE NEWS

Did you spot us in the Redcliffe and Bayside Herald? We love spreading the word about our awesome sport and can't wait to share the love of physie with many new members in 2020!

If you know of anyone who may be interested in joining RCP, please invite them to sign-on day and let them know they can contact us any time with the details below!



0424 580 193  
WWW.REDCLIFFECITYPHYSIE.COM  
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# REDCLIFFE CITY PHYSIE

## FREE TRIAL LESSONS

CLASSES FROM \$8

An affordable dance alternative for girls and women from the age of 3yrs!

Sign-On Day  
Saturday 8th February, 11am - 1pm  
Clontarf Beach Primary School



Redcliffe City Physie  
STRENGTH THROUGH DANCE